



MOS Mental Health Guide

Below are the mental health resources available at MOS. Our first priority is you! Please use these resources as necessary. I want to point out specifically for our parents and caregivers the link below “How to Talk to Your Anxious Child or Teen About Coronavirus” as it is incredibly helpful.

MOS School Counseling Resources:

- Ky Dukes, MA
- Stacey Hull, M.Ed
- Susan Hansen, MSW, LMSW
- Denise O’Bannon, Ed.S

Drop-In Hours in Response to Covid-19 beginning 4/13/2020

Ky Dukes:

Mondays and Wednesdays 12-2 PM;
alternate Fridays 12-2 PM
(269) 290-1260

Stacey Hull:

Tuesdays and Thursdays 12-2 PM
alternate Fridays 12-2 PM
(269) 205-3306

Students will be able to call in to the counselor on-call in order to discuss any issues related to Covid-19 during the drop-in hours. Students will be given the choice to either remain on the call with the counselor, or be directed to a Google Hangouts room for more direct interaction.

Students that are not able to be connected to a counselor due to a high call volume should leave a message and a counselor will call them back within the same day.



Special Ed. Coordinator, Denise O'Bannon will be available to assist with the high call volume as necessary.

Students in need of crisis care will be immediately referred to the school Social Worker, Susan Hansen. Susan will also provide extended care to our students, as necessary.

Special email address option for students to reach caring adults during this time: reachout@michiganonlineschool.com to be checked regularly by trained counselors.

Helpful Resources:

- Michigan 211
 - https://docs.google.com/document/d/1V6i1rAgeJ3u4N1VF7zmgm6ThR4bv9novJil2Ovp_QZ0/edit?usp=sharing
- Map of Community Mental Health Service Programs:
 - https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_4899-178824--,00.html
- How to Talk to Your Anxious Child or Teen About Coronavirus
 - <https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/how-talk-yo...>
- How to Protect Yourself from Coronavirus:
 - https://www.cdc.gov/coronavirus/2019-ncov/about/prevention.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fprevention-treatment.htm